

Primary Lunch Menu – Spring/Summer 2023
Week 1

Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Margherita wheat, egg, milk, soy	Creole Style Chicken with Vegetable Rice celery	Sausages (Pork, sulphites) or Vegetarian Sausages (wheat) in a Hot Dog Roll (wheat, sesame) with Oven Baked Potato Wedges & BBQ Style Dip (wheat)	Beef Bolognaise wheat Served with Fusilli Pasta wheat	Fish Fingers wheat, fish with Tomato Sauce & Chips
Jacket Potatoes With Baked Beans, Cheddar Cheese (milk)	Chick Pea & Vegetable Chow Mein (wheat, egg)	Jacket Potatoes With Baked Beans, Cheddar Cheese (milk)	Lentil & Vegetable Bolognaise wheat Served with Fusilli Pasta wheat	Chick Pea & Herb Veggie Balls With Sweet Chilli Dip & Chips
Cheddar Cheese & Herb Bread	Carrot & Cumin Bread	Wholemeal/White Bread	Garlic & Herb Focaccia	Wholemeal/White Bread
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Peas Sweetcorn	Garlic Greens Carrots	Baked Beans Broccoli	Roast Courgettes Carrots	Peas Baked Beans
Citrus Sponge wheat, milk, egg With Custard Milk	Jelly with Watermelon Wedge	Harrison Bear Lemon Shortbread wheat with Fresh Fruit Wedges	Chocolate & Orange Cake wheat, milk, egg with Chocolate Sauce Milk	Ice Cream milk With Fresh Fruit Wedges
Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt

**Primary Lunch Menu – Spring/Summer 2023
Week 2**

Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Margherita wheat, egg, milk, soy	Sweet Chilli Chicken With Rice	Roast Turkey with Roast Potatoes & Gravy	Minced Beef Slice wheat With Mashed Potatoes & Gravy	Fish Fingers wheat, fish or Vegetable & Bean Pattie wheat with Tomato Sauce & Chips
Jacket Potatoes With Baked Beans, Cheddar Cheese (milk)	Pasta Primavera Wheat, milk	Spring Vegetable Pie celery, wheat with Roast Potatoes & Gravy	Carrot & Coriander Falafels with Pilau Rice & Tomato Chutney	Jacket Potatoes With Baked Beans, Cheddar Cheese (milk)
Tomato & Basil Focaccia	Crusty Baguettes	Wholemeal/White Bread	Carrot & Cumin Bread	Wholemeal/White Bread
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Sweetcorn Peas	Broccoli Sweetcorn	Carrots Green Beans	Sweetcorn Cabbage	Peas Baked Beans
Apple & Cinnamon Crumble wheat, eggs, milk & Custard milk	Ice Cream milk with Fresh Fruit Wedges	Chocolate Sponge wheat, eggs, milk with Chocolate Sauce milk	Apple & Berry Flapjack wheat	Jelly with Fresh Fruit Wedges
Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt

**Primary Lunch Menu – Spring/Summer 2023
Week 3**

Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Margherita wheat, egg, milk, soy	BBQ Style Chicken wheat with Oven Roast Potato Wedges	Sausage & Mashed Potatoes with Gravy	Beef Meatballs with Italian Style Tomato & Herb Sauce with Penne Pasta wheat or Rice	Fish Fingers wheat, fish or Salmon & Lemon Fishcakes fish with Chips & Tomato Sauce
Jacket Potatoes With Baked Beans, Cheddar Cheese (milk)	Jacket Potatoes With Baked Beans & Veggie Balls, Cheddar Cheese milk	Vegetable Sausage & Mashed Potatoes with Gravy	Chilli Bean Fajita wheat with Sweetcorn Salsa & Mexican Style Rice	Indian Style Gram Flour Parcel with Kachumber Salad & Chips
Paprika & Garlic Bread Salad Selection	Tomato & Herb Swirl Loaf Salad Selection	Wholemeal/White Bread Salad Selection	Garlic & Herb Bread Salad Selection	Wholemeal/White Bread Salad Selection
Sweetcorn & Peppers	Carrots Green Beans	Broccoli Sweetcorn	Oven Baked Courgettes Carrots	Peas Baked Beans
Ice Cream milk with Fresh Fruit Wedges	Carrot Cake wheat, egg with Custard milk	Jelly with Fresh Fruit Wedges	Berry & Lemon Sponge wheat, egg, milk With Custard milk	Harrison Bear Chocolate Shortbread wheat with Fresh Fruit Wedges
Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt	Fresh Fruit Platter/Yogurt