Tuesday, 03 March 2020

Dear Parent/Carer

I would like to take the opportunity to remind you all that we are nut free school.

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form. So please can we ask that you have no nut products in the lunch boxes or brought into the school as treats.



For example:

Peanut butter sandwiches

Chocolate spreads

Cereal bars

Some granola bars

Cakes that contain nuts

Biscuits / Cookies that contain nuts

Peanut butter cakes

Satay and other sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

If you have any questions, please do not hesitate to speak to a member of staff.

Yours sincerely

Ms Maggie Brennan

Welfare and Family Support Officer.